Peace in the Pipes (sung to the tune of "The Happy Farmer")

Words + singing + piano-playing by Armena Marderosian, April 2009.

Please know it's best to eat fruit meals on an empty stomach as the main course (not as "dessert").

["on the Beat" words are Capitalized to help you fit the words to the tune, as most phrases start on the "upbeat"]

peace In the Pipes gives Hea-Ith of all Types,

clear Stomach, flat stomAch, thank mono-Meals of Fruit. (repeat whole section).

bright Eyes, bounce-in-Step, It's ElementaRy,

eat-less Fat, exercise-More, eat-more Frui-t, eat fruit More and Leaves and tender Shoots. it's elementaRY.

sweetFruits, and-veggieFruits, and Greens 'n sweet young Shoots,

whole-freshFruit mono-Meals, Our Fou-ntain of Youth,

it's elementaRY, it's elfememfaRY!

it's Elfemenfary, it's "elf" (eat less fat), "em" (exercise more) "emf (eat more fruit),

it's Elfemenfary, it's elf em emf ar Ry!