Let them play around at the Instrument

by Armena Marderosian 5 July 2009 Ann Arbor

Improvise, Let them improvise freely + play around at the instrument; let them have fun + fool around; leave them alone with it; also admire + describe it. Let kids explore the instrument in all kinds of ways that they can come up with. Let them mess around with their pieces + play them in different ways. If you get a new instrument, let kids explore it. (Of course safely, with attention to physical well-being of both person + instrument).

Kids figure out a lot on their own in music, just like they figure out language. All youngsters in normal life naturally will play (unless we restrict them). Play helps them figure out everything in their world. Play lets them re-run experiences, mix them up, rehearse for the future. Play lets them be vital + vivacious, work out problems, practice roles, interact with others ...and so much more. At the instrument, let them make up things, + play around with their performance pieces. At a concert, they'll still know the performance version as long as parents play the model recording of the piece enough. This playing the model recording is parents' important job, along with positive approach in smiling acceptance.

See Dr. Stuart Brown link below

1. <u>Show #107- Dr. Stuart Brown- National Institute for Play I LD Podcast (http://ldpodcast.com/2009/03/06/show-107-dr-stuart-brown-national-institute-for-play/)</u>

Mar 6, 2009 ... Dr. Stuart Brown is a physician and psychiatrist who has been studying the importance of *play* for many years, and is the founder of The ...

<u>Idpodcast.com/.../show-107-dr-stuart-brown-national-institute-for-play/</u>